



## MedWAR Tennessee Race Directions to Race Start & Campground

**Race Start: Tex Turner Arena, 6965 Cumberland Gap Parkway, Harrogate, TN 37752**

### From the North

I-75 South to exit 29 in KY, left (east) on HWY 25E through Corbin. About 1 hr later you will come to the Cumberland Gap Tunnel, go through the tunnel and approximately 2 miles after the tunnel Lincoln Memorial University (LMU) will be on your right. Turn in and follow the signs.

### From the South

I-75 North to exit 134 in TN for US-25W/TN-63 toward Caryville/Jacksboro/La Follette & turn right (east) off of the exit. Follow Hwy 63 for around 38 miles until it dead ends into Hwy 25E. Turn left at that red light/intersection & follow the signs.

### From the East

I-81 West to exit 8 for US-25E toward Morristown/White Pine. Turn right off of the exit on Davy Crockett Pkwy/TN-113/TN-32/US-25E and follow for approximately 38 miles. You will dead end into Hwy 33, make a right at that red light towards Harrogate/Cumberland Gap and drive for roughly 10 miles, and follow the signs once in Harrogate.

### From the Southeast (NC)

Follow I-40 W up to I-81, right onto I-81 towards Bristol/VA, take exit 8 for US-25E toward Morristown/White Pine. Turn left off of the exit on Davy Crockett Pkwy/TN-113/TN-32/US-25E and follow for approximately 38 miles. You will dead end into Hwy 33, make a right at that red light towards Harrogate/Cumberland Gap and drive for roughly 10 miles, and follow the signs once in Harrogate.

### To the Campground:

Once, in Harrogate, go north on Cumberland Gap Pkwy/US-25E, roughly 1 mile. Bear right on the ramp towards Cumberland Gap, TN/Daniel Boone trail/US-58 towards VA. Approx 2 miles after merging onto US-58 at the bottom of a long hill you will see signs on the left for the park, turn in. Bear right at the split towards the campgrounds. The plan for now is to be on loop 'G'. There will be water and showers available at no cost.

